THEORY PRACTICE

THE PANUSKA COLLEGE OF PROFESSIONAL STUDIES

Panuska College Debuts On-line Magazine, Healthy Lifestyles for Today's Families

By Mary Muscari

Searching for ways to get medication past your toddler's jaws of steel? Need tips to help students survive freshman year? Is that chest pain a heart attack or acid reflux?

If you're looking for great health information, look no further than CPS's own on-line magazine, *Healthy Lifestyles for Today's Families*, which debuted Feb. 1 thanks to the help of Charles Young and Aileen McHale of the Office of Instructional Technology. Edited and written by Panuska College faculty, staff, students and alumni, as well as community partners, this magazine has something for everyone, from parents to teens to sports enthusiasts – even pet owners. And we offer a variety of formats, including one-sentence tips, quick reference lists and feature-length articles.

College-wide and community cooperation have been extraordinary. Dean

James Pallante provided both the green light and his 100% support. Dr. Ron Deitrick provided our first "This Month's Topic" with his timely article on exercising in the cold, which is part of "The Sports Health Spot" edited by Pete Leininger and alumna Jill Kester; nursing students penned topics from lowering cholesterol levels to ectopic pregnancies. Recent grad and prolific writer Cathy Champi heads up the "Healthy Schoolage Kids" Section, while veterinarian Colin Bullmore of Hamlin runs "Healthy Pets." Dr. Ann Marie Toloczko will soon be heading up the interactive "Ask the Counselor" section, and Tom Ciucci will man "Help for Independent Living."

Readers can reach us from the Panuska College main page, by our URL www.scranton.edu/ezine or via a Web search that leads to any of our health topics. Once at our site, readers can link to other University pages, particularly the College's departmental home pages, which connect directly to the magazine's main page through the link "Health Careers at The University of Scranton." The Health Careers section will soon hold information about our students, so ask students to submit material about their class, practicum, and community service experiences.

Want to write something for us, but not sure how? Fret not; our "Information for Writers" section supplies both writer's guidelines and "how-to-write" articles. Besides acting as a health information resource and a recruitment tool, the magazine also strives to nurture new writers.

So check us out at www.scranton.edu/ezine, and click on "Contact the Editor" to send your comments and suggestions. New ideas are always welcome.

Speakers and Lecturers

Her Majesty Mama Adokuwa-**Asigble IV** discussed Ghanaian values, beliefs, and traditions during an Oct. 18, 2001, lecture on campus. She is the queen mother of the Tefle Traditional Area in the Volta Region of Ghana, West Africa. The queen mother also discussed cultural perspectives that promote mutual understanding of the rich array of world cultures and the importance of sharing across cultures. The lecture was sponsored by the Chi Delta Rho Chapter of Chi Sigma Iota, the Counseling Academic and Professional Honor Society International, the University's Counseling and Human Services Department, and Dean James Pallante of the College of Professional Studies.



Dr. Bernice Henry-Savage (professor at West Chester University), Jennifer Valtos (officer), George Lynn (officer), Queen Mother Mama Adokuwa-Asigble IV, Karlinna Hulst (officer) and Dr. Vivian Ripley (assistant professor, Counseling and Human Services). The students pictured are officers in the Chi Delta Rho Chapter of Chi Sigma Iota, the Counseling Academic and Professional Honor Society International.

Dr. Yvonne Williams discussed "Leadership and Coping Skills of African American Women" during an Oct. 25, 2001, colloquium on campus. Dr. Williams served as a professor of political science and Chair of the Black Studies Department at the College of Wooster before retiring in 2000. During her 28 years at Wooster, she researched and spoke on such issues as

black women's history, public policy, and women and crime. Dr. Williams has also served on the Panuska College of Professional Studies Board of Visitors for the past several years.

Serving Proudly: Ray Gizienski, Class of 2000, NYPD

Ray Gizienski '00, a graduate of the Panuska College of Professional Studies, is employed by the New York City Police Department. He identifies this career choice as a direct result of his Jesuit education and experiences.

Two years ago, in the middle of his senior year at The University of Scranton, Ray Gizienski announced to family and friends that he had decided to forego a career in his major of Health Administration for a career as a New York City police officer. This change of plans was met with a fair amount of opposition: low pay, danger, difficult working conditions and lack of respect were a few of the objections cited by significant people in his life. Mrs. Gizienski, Ray's mother, lamented that the reason for the investment in his Scranton education was not for him to become a police officer. Ray's response was, "Mom, it was Scranton that did this to me. I learned this there." Ray had fully incorporated the ideal of "men and women for others" into how he wanted to live his life.

As a student, Ray immersed himself in the full Scranton experience of studying for classes, attending retreats, participating in service-learning and joining campus activities, ultimately becoming a seemingly tireless vice president of Student Government in his senior year. From those experiences he learned the importance of and his fondness for helping others. He knew he had to follow his heart and calling to serve others by joining the NYPD.

Ray spent nine months in the police academy and then reported for duty as a member of the Manhattan Midtown North Precinct. On Sept. 11, 2001, as the World Trade Center was under attack, Ray and his partner were enjoying what seemed like a beautiful fall day on a New Jersey golf course. When they returned to the clubhouse, Ray learned of the attack. It took a few minutes for him to fully comprehend what had happened. He and his partner then quickly made their way into the city to report for duty. Along the way, they picked up a Port Authority police escort. That was the beginning of several months of 12-hour shifts, some of which were completed in the immediate area of Ground Zero.



In the days immediately following the attack, Ray also spent a few shifts of volunteer work on the pile of debris. He was part of the bucket brigade that frantically and hopefully sought signs of life in the first days. With still a bit of awe and sadness in his voice, he remarks of those early efforts, "It was just dust and steel." He acknowledges his fear, feeling the heat of the pile through the bottom of his boots, seeing the unstable debris shift with the slightest provocation and watching for signs of humanity as they worked. His cousin, a New York City fireman, was among those lost.

Asked if Sept. 11 changed how he felt about being a police officer, Ray

Department of Nursing Receives Traineeship Funds

In response to the traineeship application of Mary Iane S. Hanson, the Department of Nursing has received \$31,920 in traineeship funds from the United States Department of Health and Human Services to support graduate student tuition expenses in the 2002-03 academic year. In accordance with traineeship grant stipulations, the monies are shared among all full-time family nurse practitioner (FNP), clinical nurse specialist (CNS) and first-year nurse anesthesia students, as well as part-time FNP and CNS students who are in their last year of study. This is the largest nursing traineeship award that the University has received for its graduate nursing students.

responded, "No, I was proud to go to work on Sept. 10 and was just as proud on Sept. 11 and [have been] every day since." He does have an increased pride in the people of New York City and in how they have responded through this difficult time: "I am proud to serve them."

Ray has been selected to work in a new initiative designed to improve the quality of life on the streets of New York. He works in plainclothes, specifically targeting problems caused by the homeless, peddlers and panhandlers, while continuing to deal with the daily dangers of street crime. Ray acknowledges that his University of Scranton education, which helped to shape the values and beliefs that dictate his conduct, definitely impacts how he does his job. "No matter what [a] person has done, he is still a human being, someone's son or daughter." For Ray it is a crucial part of his life and work to treat all people with dignity

Ray Gizienski's career is a daily walk with people in difficult circumstances. Fortunately, he carries with him what he learned at The University of Scranton: "a commitment to the value system contained in the Gospels, a principled respect for the dignity of others, a devotion to justice and a dedication to the poor."

Leahy Research Grants Awarded

Three Panuska College of Professional Studies faculty members have been awarded Edward Leahy Research Grants. Marybeth Grant Beutler, PT, M.S., will investigate muscle length and its relationship to infant kicking in infants born prematurely. The findings will assist health professionals to better understand and intervene in the motor development of infants born pre-term. Timothy Hobbs, Ph.D., plans on developing a "demonstration" classroom for children with disabilities in Tiblisi, Republic of Georgia. The classroom is to facilitate inclusion of children with disabilities into Georgian mainstream society. Carol Reinson, M.S., OTR/L, will continue her longitudinal study of children who have been identified as "developmentally vulnerable." The study provides a comprehensive developmental assessment at no cost to participants.

TAKING A CLOSER LOOK ➤➤➤ Rev. Royden Davis, S.J., Panuska College Chaplain

As we were preparing the final copy for this article, Father Davis passed away on April 2, 2002, at the age of 78. He will be missed beyond measure by many. We hope that this article will remind us of what a gift he was to all.

Priest, intellect, sage, teacher, poet, artist — all these terms described Father Royden Davis, a Jesuit with a distinct twinkle in his lively blue eyes. It was hard to miss the twinkle, as it was usually necessary to lean in closely to hear his softly spoken words of wisdom and wit. Who was this humble, gentle, much loved and highly respected man who seemed to view life through that bright twinkle?

Father Davis became the man he was through a multitude of experiences in very different arenas. His intellec-

tual development was fueled by his education, which consists of undergraduate and law degrees from Georgetown, as well as a master's degree in government from St. Louis University. Ever



Royden Davis as a 1947 Georgetown graduate.

committed to learning, he also earned two ecclesiastical degrees, one in philosophy from St. Louis and one in theology from Woodstock College.

As with many of his generation, the demands of World War II interrupted his undergraduate career. He spent three years in the army, serving as a gunner in an anti-aircraft battery. Imagining him in the heat of battle gives one pause to rethink the quality of gentleness exhibited by Father Davis. Of course, we need not be reminded that he was hardly the first Jesuit to serve as a soldier.

Father Davis entered the Society of Jesus in 1950 at the age of 26. Former University President Rev. J.A. Panuska, S.J., reminisced that it was at that time he first met his longtime friend and colleague. He was assigned the responsibility of introducing him to the customs of the Society of Jesus. Although Father Panuska initially had misgivings about assisting a lawyer in learning the ways of the Jesuits, he was instead amazed by Father Davis's incredibly humble manner and is among the many who acknowledge having learned much from the spiritual depth of Father Davis. After

a friendship of some 50 years, there is still wonder in Father Panuska's voice as he remarks, "I never saw even a hint of personal ambition in Royden." Father Davis returned to

Georgetown in 1965 and remained there until 1990.

From 1966 to 1989, he served as dean of Georgetown's College of Arts and Sciences. The respect and regard of those he served is acknowledged by Georgetown's endowed Royden B. Davis, S.J., College Chair.

He came to The University of Scranton on a full-time basis in 1991 to serve as rector for the Jesuit communities of the University and Scranton Prep. Father Davis taught here in 1955-56 and was a University trustee from 1991 to 1997. He served as a critical member of the president's Task Force on Ignatian Identity and Mission and was instrumental in creating the Center for Mission Reflection. He worked diligently to orient new faculty and staff to the Jesuit and Catholic identity and mission. He was also instrumental in opening the doors of Campion Hall, the Jesuit residence, to the greater campus community, and he initiated the Jesuit-hosted annual Christmas luncheon for faculty and staff. Current University President Rev. Joseph M. McShane, S.J., commented on Father Davis and on his time spent at Scranton: "Throughout his long and distinguished career as a teacher, administrator and chaplain, Father Davis was always the consummate priest: sensitive, compassionate and wise....[H]e enriched the life of our community beyond measure."

In 1997 Father Davis received the University's Pedro Arrupe, S.J., Award, which recognizes persons who have made a significant contribution to the Ignatian mission.

which recognizes persons who have made a significant contribution to the Ignatian mission. Father Davis's years of study and exploration of Ignatius and his writings were obvious as he gave his widely acclaimed acceptance address, "Glimpses of Ignatius...Then and Now." In it, he gave us an insight into both Ignatius and himself: "Ignatius knew that there can be a sense of meaning in what we do. If we act generously and gently out of love of God and neighbor, we



Fr. Davis at the March 2002 Board of Visitors meeting.

will surely find God in the very doing of whatever it is we do – God present, working, as it were, within us."

A voracious reader, Father Davis was particularly interested in books written by or about Jesuits. He once laughingly claimed, "[[esuits]

make either wonderful villains or saints. I don't know which attracted me [more]." In addition, he was as likely to quote poetry as scripture as he ministered to others, and he believed poetry and music could unlock the heart and bring one closer to God. Not only did he appreciate the poetry of others, but he also wrote a bit of his own. In addition, he had a great appreciation for art and was himself a sculptor.

One of his activities was to serve as chaplain for the Panuska College of Professional Studies. He was frequently in attendance at College functions to start the work at hand with a meaningful prayer. Dean Dr. James Pallante stated, "While Father Davis's formal service as our College chaplain was exemplary and deeply appreciated, his mere presence in our midst was sufficient to encourage us toward tranquility during times of stress. His sharp intellect, quiet humor and sage advice were always of enormous value to all of us. When we reflect on Jesuit identity, Father Davis is never very far from our minds and hearts."

Father Royden Davis, always a humble servant of God, a man of great complexity, and a person with a multitude of gifts and accomplishments, was a blessing to all who met him.



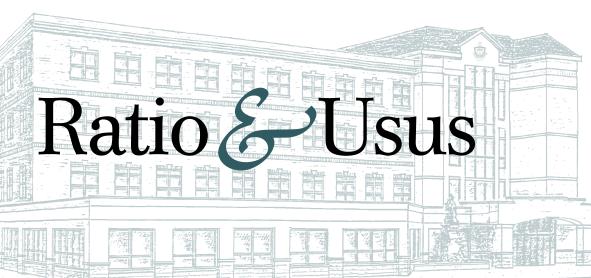
Rev. J.A. Panuska, S.J., presented the Pedro Arrupe, S.J., Award to Rev. Royden Davis, S.J., in 1997.

Marybeth Grant Beuttler (Physical Therapy) presented two posters, "Reliability of Using a Muscle Extensibility Measure in Newborn Full term and Preterm Infants" and "Effect of Forced Use on the Upper Extremity Function in a Child with Cerebral Palsy: A Single Subject Design," at the meeting of the American Physical Therapy Association in-Boston; co-authored abstracts "Reliability of Using a Muscle Extensibility Measure in Newborn Full Term and Preterm Infants," Pediatric Physical Therapy, 13(4), 196-197, and "The Effects of Forced Use on the Upper Extremity Function in a Child with Cerebral Palsy: A Single Subject Design," Pediatric Physical Therapy, 13(4), 192.

Lori Bruch (Counseling and Human Services) has been appointed to the State Board of the Office of Vocational Rehabilitation.

Barbara Cozza (Education) coauthored "What Is That Noise? Integrating Purposeful Talk and Reflective Thinking in Math," published in the winter 2002 issue of Dimensions of Early Childhood; co-authored a book chapter, "Family/School/University Collaboration to Enrich Social Studies Instruction," in M. Christenson, M. Johnston & J. Norris (Eds.), Teaching Together: School/University Collaboration to Improve Social Studies Education (pp. 39-48), Silver Spring, Md.: National Council for Social Studies; was co-principal investigator for a Eisenhower Post-Secondary Grant for Scranton Partnership for Improvement of Student Achievement in Mathematics; presented "Reading, Writing, Listening, Speaking in the Mathematics Classroom," at the School of Education: Fordham University at Lincoln Center, Jan. 4.

Ronald Deitrick (Exercise Science) presented, with students Simon Manning and Krista Wickersham, two papers at the most recent Mid-Atlantic Regional Chapter meeting of the American College of Sports Medicine — one of the papers was cited in a national fitness magazine as being some of the latest research from the American College of Sports Medicine; authored "Exercise in the Cold" for the Panuska College electronic journal Healthy Lifestyles for Today's Families; presented "Risk Factors for Heart Disease: What Are They and



What Can You Do about Them" at the Pennsylvania Department of Transportation Health Fair; serves as a text reviewer for the *American Society of Exercise Physiology Manual* for the Exercise Physiologist Certification and serves on the Board of Directors of the Northeast Pennsylvania American Heart Association.

Mary Jane DiMattio (Nursing) published "Recruitment and Retention of Community-Dwelling, Aging Women in Studies," *Nursing Research in 2001.*

Curt Dixon (Exercise Science) defended his Ph.D. in exercise physiology, University of Pittsburgh, Jan. 24, "The Effect of Resistance Training Status on Free Radical Production and Muscle Damage Following an Acute Resistance Exercise Bout."

Timothy Hobbs (Education) coauthored "The Virtual Conference Room: Online Problem Solving for First Year Special Educators" in *Teacher Education and Special Education* (in press); co-authored "Mentoring for Inclusion: A Model Class for Special and General Educators," *The Teacher Educator*, 37, 3.

Mark Kandel (Education) was elected state president of the Council for Exceptional Children's Division for Learning Disabilities, the state's largest organization for professionals in the field of disabilities.

Marjorie Maddox (Nursing) will be inducted as a fellow in the Association of Gerontology in Higher Education; published "Parish Nursing as a Clinical Site for Community Health Nursing," *Journal of Christian Nursing*, spring 2003; presented "Service-Learning in Gerontology: Drive-In Movie Project," at

the 28th Annual Professional and Leadership Conference, Association of Gerontology in Higher Education, Pittsburgh, February-March.

Tata Mbugua (Education) and Barbara Cozza (Education) co-presented "Transforming the Cultures of the Family, School and University through Collaboration" at the Association for Childhood Education International (ACEI) International Conference, April 2001, Toronto; co-authored a book chapter, "Family/School/University Collaboration to Enrich Social Studies Instruction," in M. Christenson, M. Johnston & J. Norris (Eds.), Teaching Together: School/University Collaboration to Improve Social Studies Education (pp. 39-48), Silver Spring, Md.: National Council for Social Studies.

Mary Helen McSweeney (Health Administration and Human Resources) published Long Term Care: An Emerging Employer Benefit, 2002: World at Work, Scottsdale, Ariz.; published book chapter, "Compensation and Benefits in Health Care Organizations: A Total Rewards Perspective," in Robert D. Gray, Ed.D., Jonathan Keyes, John Johnson, J.D., and Harold Griffin, Ph.D., Healthcare Human Resources Management, 2002: Woods and Waters.

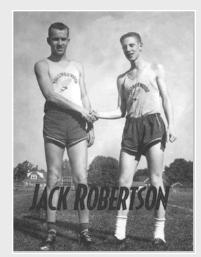
Ivan Shibley (Education) presented "Superintendent Leadership Research," at the Center for Leadership Study Conference in San Antonio, Feb. 6-10; published "Technology, Integrated Learning, Staff Development: It's a Total Package," in *Educational Technology*, November-December 2001; presented at the 30th Annual Teacher Education Assembly on Chapter 354, Oct. 31, 2001; invited to serve on the Pennsylvania Governor's

Summer Institute School Leadership planning committee for 2002.

Rhonda Waskiewicz (Occupational Therapy) will present at this year's American Occupational Therapy Association's Annual Conference in Miami, May; published "Results of Course-Based Service-Learning Experiences on Sophomore Students' Personal and Professional Development," Southwest Missouri State University Journal of Public Affairs, 5 (35-52), 2001; published book chapter in A. Furco and S. Billing (Eds.), Volume 2: Advances in Service-Learning Research, "Service-Learning Research," Information Age.

Dan West (Health Administration and Human Resources) chaired an international site visit at Trnava University, September 2001; initiated the Medical Group Management (MGMA)/American College of Medical Practice Executives (ACMPE) Student Network Program at The University of Scranton for Master of Health Administration Program; will serve as U.S. chair for the Traditional and Alternative Delivery Systems Track at the Global Engagement in Creating Financially Viable Healthcare Systems Second International Healthcare Conference, University of Wisconsin-Milwaukee, July.

Remember When?



Exercise Science Assistant Professor John Robertson (right) was recently inducted into the Collingswood Athletic Hall of Fame for his participation on the Collingswood High School (Mt. Laurel, N.J.) crosscountry team in 1957.

Alpha Lambda Delta Chapter Installed

One hundred forty-four undergraduates and five honorary members were inducted into The University of Scranton Richard H. Passon Chapter of Alpha Lambda Delta on Nov. 18, 2001. The University chose to honor former Provost Dr. Passon when it formed the local freshmen honor society that is now installed as a chapter

of Alpha Lambda Delta. The installation ceremony was lead by Dorothy M. Anderson, immediate past president of National Alpha Lambda Delta. Dr. Passon was also initiated as an honorary member. In addition to Dr. Passon, honorary membership was bestowed on Dr. Rosellen M. Garrett, who is serving as faculty advisor; John W. Greggo, who is serving as administrative advisor; Father Joseph M. McShane, S.J., president of



Father Joseph M. McShane, S.J., Dr. Rosellen Garrett, Dr. Richard H. Passon, Dorothy Anderson, Dean James Pallante, John Greggo

the University; and Dr. James Pallante, dean of the Panuska College of Professional Studies. Several members of the University community assisted with the ceremony in countless ways. Having so many faculty, staff and students participate made this a celebratory event in the life of both the University and National Alpha Lambda Delta. The formal ceremony was followed by a reception for students, parents and guests.

Board of Visitors

The Panuska College of Professional Studies (PCPS) hosted its fall Board of Visitors meeting on Oct. 24-25, 2001. The featured speakers were Dr. Oliver J. Morgan and Prof. John Greggo, both of the Counseling and Human Services Department. The theme focused on a new University initiative that examined the

challenges and implications of social justice for our University's life and mission. The speakers invited the Board of Visitors, students, faculty and staff of



Dr. Oliver Morgan discusses social justice at the Board of Visitors meeting in October 2001.

versation on this topic. Dr. Morgan emphasized, "We should be proud of the fact that several aspects of social justice have already been woven into the fabric of our campus life." He adds that "these initial steps, which give some concrete expression to our commitment, are nevertheless a long way from a

PCPS to continue the con-

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full vision and stance in favor of social justice that would place it as one of the pillars of our University identity."

The Panuska College of Professional Studies

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DEPARTMENT NEWS

Counseling & Human Services

Panuska College and the Counseling and Human Services Department co-sponsored a teleconference featuring Rehabilitation Services Administration (RSA) Commissioner Joanne Wilson for the Rehab Advisory Board, students, faculty and local community on Oct. 4, 2001. Dr. Lori Bruch was the monitor for the interactive discussion.

Forty-one Human Services students began internships in spring 2002. Internship is a "Theory to Practice" opportunity provided for juniors as they begin to apply their course work to the "real" world. Program Director Dr. Toloczko, Dr. Elizabeth Jacob and Professor John Greggo are currently supervising internships. As a result of their long-standing relationships with community agencies, healthcare facilities and Catholic schools, Human Services majors enjoy the privilege of having a variety of experiences.

The process of securing an internship site begins in the fall semester during the Career Seminar course. Students are responsible for obtaining their own internships in an effort to have them experience résumé writing, interviewing with the potential site supervisor and finalizing all the details. Although most of the students are interning regionally, Anju Kaduvettoor is completing her internship at the Desarollo de la Comunidad, A.C., while studying at Universidad Iberoamericana in Mexico City this

Internship sites include Lourdesmont, Head Start, Montainside Estate for Women, Inc., Lackawanna County Courthouse Public Defender's Office, Friendship House (Community Counseling);

Human Services interns



Monsignor McHugh Elementary School (School Counseling): Hospice Community Care, Mercy Hospice (Healthcare); Allied Services Department of Human Resources, U.S. Attornev's Office (Human Resources).

Education

Congratulations to Michelle Fernandes '03 (Special Education), elected state vice president for committees for the Pennsylvania Student Council for Exceptional Children, and to Courtney Johnson '03 (Special Education), appointed chairperson, Multi-Cultural Committee, Pennsylvania Student Council for Exceptional Children. The department asserts that their achievements constitute a very public recognition of their developing professional and leadership abilities.

Melissa Parer '02, Lisa Rule '03 and Melissa Marek '03 worked with Dr. Kathleen Montgomery and Dr. Gloria Tansits-Wenze to identify how holidays emerged from natural seasonal changes. Through an extensive literature review, a paradigm for integrating science and human celebrations was designed. The paradigm was presented at the Kappa Delta Pi International Convocation that was held in Orlando in November 2001.

Exercise Science

Five undergraduate students from Exercise Science attended the Middle Atlantic Regional American College of Sports Medicine (ACSM) meeting in Bushkill. Thirty-one research presentations were given, including six by undergraduates. Simon Manning received national recognition for his

> research titled "Max to the Max" from Muscle and Fitness (March 2002) as being the latest research from ACSM. Krista Wickersham, who presented "A Comparison of Body Composition Assessment Techniques: Bod Pod vs. Skinfolds," received acknowledgements from the



Dr. Wenze, Melissa Marek, Lisa Rule, Melissa Parer and Dr. Montgomery at the Kappa Delta Pi International Convo-

moderator for outstanding research in an undergraduate program.

Health Administration and **Human Resources**

The undergraduate program was awarded full certification by the Association of University Programs in Health Administration (AUPHA) Board of Directors for five years as of July 2001. Assistant Professor Mary Helen McSweeney was responsible for leading this renewal process.

Nursing

In partnership with Wyoming Valley Health Care System School of Nurse Anesthesia, The University of Scranton has been awarded a \$500,000 competitive grant by the Health Resources and Services Administration of the Department of Health and Human Services to fund an innovative three-year recruitment and education project that seeks to increase the number of nurse anesthetists working in rural areas of Pennsylvania. The grant also supports health outreach programs addressing national initiatives such as "Healthy People 2010" and "Kids into Health Careers," which will encourage more people to pursue careers in nursing and other health professions.

The University of Scranton will lead the cooperative effort with Wyoming Valley Health Care System as the central site, with four other area hospitals serving as regional partners: Geisinger Hospital, Danville; Pottsville Hospital; Tyler Memorial Hospital, Tunkhannock; and Moses Taylor Hospital, Scranton.

(continued on p. 7)

And a Good Time Was Had by All!

By Dr. Margie Maddox, Associate Professor of Nursing

The fall semester was extremely busy this year as students, children, faculty, staff and elderly clients anticipated the initiation of the Special Friends project. On Nov. 15, 2001, more than 150 people gathered to participate in the "Drive-In Movie" at Telespond Senior Services, Inc., located in south Scranton.

LPN/RN students participated in a project funded by Generations Together/ Association of Gerontology in Higher Education. The focus of the grant was to further facilitate the incorporation of intergenerational service-learning in various courses that include a high elderly population. The Community Health Nursing course addresses the needs of the local community and is therefore a reflection of the high population of older adults living in the Scranton area.

Initially, students assisted children 2 to 3 years of age in creating cars from boxes containing copy paper. During these interactions, the students talked about grandparents and the role of older people in our society. Students also interacted with the clients attending the adult day care. While listening to the older

adults' life stories, students talked about children with them. By the time November came, the stage was set!

The video The Lion King was shown because of its intergenerational theme. One group of nursing students gathered the children from the nearby low-income housing community; another group assisted in arranging the adults at the day care. As interactions during the event became more lively and spontaneous, the children shared their hand-

made cars with the older adults, with nursing students helping to facilitate the interactions.

Following the day of the "Drive-In Movie," the clients at the adult day care made individual turkey cards to give to the children who had brightened their morning on Nov. 15. The children colored thank-you cards, which were shared with the clients at the day care. Everyone involved expressed a desire to continue the project through the coming year.



Senior Nursing student Gina Allatto assists as a young girl from Valley View Terrace shows off her handmade car after watching The Lion King at the "Drive-In Movie" with two seniors from Telespond Senior Services, Inc.

While there is a foster grandparent program in Luzerne County, this program does not exist in Lackawanna County. Therefore, this service-learning project met a very real need in this community as well as provided an opportunity for the nursing students to extend their learning beyond the confines of the classroom and gain additional real world experience - a key component of a service-learning activity!

DEPARTMENT NEWS, continued

Occupational Therapy

The department has 29 graduate students who plan to submit research posters for the Student Scholarship Day in May.

The department Web site now features a video tour, which includes an explanation of the program and a tour through the labs and classroom.

In addition to letters from the faculty and staff of the department and the Student Occupational Therapy Association to prospective students for the 2002-03 freshman OT class, OT upperclassmen will be making personal phone calls.

Physical Therapy

The PT program was well represented at the American Physical Therapy Associations' Combined Sections Meeting in Boston earlier this year. Faculty members presented posters:

- Prof. Marybeth Grant-Buettler and Prof. Peter Leininger, "Reliability of Using a Muscle Extensibility Measure in Newborn Full-Term and Pre-Term Infants."
- Dr. Renee Hakim et al., "A Fall Risk Reduction Intervention for Community Dwelling Older Adults."

Alumni presented posters:

- Elizabeth Britton '01, Colleen Hall '01, Holly Koch '01, Melissa Moncavage '01 and Prof. Marybeth Grant-Buettler, "The Effects of Forced Use on the Upper Extremity Function in a Child with CP: A Single Subject Design."
- Perry Koslow '01, Gerissa Foust '01, Laura Processor '01, Sonya Lourido Suchecki '01 and Dr. Gary Mattingly, "Specificity of the Lateral Scapular Slide Test in Asymptomatic Competitive Athletes."

- Mindy Shoop '01, Melissa Stigliano '01, Julie Wise '01 and Jennifer Heaton '01, "Age-Related Changes in the Shoulder Complex."
- Lori DiGinto Haring '93 et al., "Motor Learning Patterns of Patients with Traumatic Brain Injury and Impaired Memory Function: Learning a Sequential Motor Task Under a High vs. Low Frequency of Feedback."
- Jodi Dessoye '01, Judith Riddell '01 and Danielle Struble '01, "Physical Knowledge of Treatment Techniques for Secondary Lymphedema Related to Breast Cancer."

Alumni also offered platform presentations:

- Sheri Silfies '87, "In-Vivo Assessment of Panjabi's Theory of Spinal Instability Using EMG."
- Amy Pastva '91, "Effects of Aerobic Exercise on Immune Responses with the Asthmatic Lung."





Education Majors Travel to Guadalajara

By Matthew Kochis '05

During Intersession, Jeremy Lo '05, Matthew Kochis '05 (Secondary Education) and Karen Buhler '03 (Elementary Education) traveled to Guadalajara in cooperation with the Spanish program to complete their Field Experience course. With the mentoring and assistance of Dr. Deborah Lo, the students were placed at the American School of Guadalajara to perform their observation and Universidad del Valle de Atemajac (UNIVA) to complete their tutoring hours.

The trip not only fulfilled these students' educational criteria but also afforded them the opportunity to experience a culture different from their own. The students found the people of Mexico to be very open and willing to aid them in any way. Interacting with the teachers

and children at the American school was a phenomenal experience. It is customary for teachers to show affection for their students on a day-to-day basis. Teachers from the United States may find this unprofessional, but it appeared to have a positive impact on the learning process in their culture. As one teacher in Guadalajara said, "A student needs to know you care before he cares to know."

At UNIVA, Scranton students helped school-age students learn English. The process of learning English as a second language was interesting to observe. Fun games were created to keep the students' attention and to help them learn. One student used a form of freeze tag to teach the students about verb conjugation. When a child was tagged, he had to conjugate a sentence to become unfrozen.

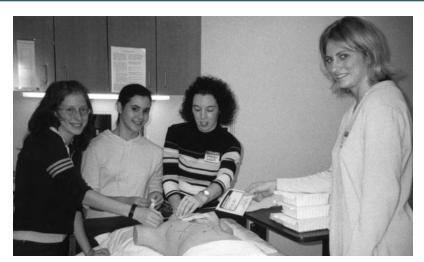
Along with their field experience classes, the Education students toured with students from The University of Scranton's Spanish program. As a group, they enjoyed Mexican art museums, music, dancing and food at local restaurants. Another highlight was a visit to the tequila factories, which included extensive historical information. It is safe to say that the Scranton students returned with a greater appreciation and love of Mexico and the Mexican people.

Assistant Dean Departing

We bid a sad farewell to **Dr. Monique Carlisle Johnson**, Assistant Dean of the Panuska College and editor of *Theory and Practice*. Our



best wishes and thanks for a job well done go to Dr. Johnson and her family.



High school students are introduced to "surgical wound care" in the Nursing Laboratory by graduate assistant Lora Racchini (right) and Jennifer Lewis '02 (center) at the "Health Professions in Action: Career Experience Day" held Oct. 14, 2001.



The Panuska College of Professional Studies Scranton, PA 18510-4670

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